



1st Annual West Plains Fall Classic

October 17, 2020

Name	State	Age	Weight	Division	Squat	Bench	Deadlift	Total
<i>Full Power</i>								
Ashley Copeland	MO	32	147.3	Womens Raw Open	160	105	250	515
Nicole Martinez	MO	32	243.3	Womens Raw Open	200	120	280	600
Cassie Sullivan	MO	19	129.4	Female Raw Teen 18-19	265	135	275	675
Allie Whitsell	MO	22	164.2	Womens Raw JR	155	75	205	435
Crystal Atwell	MO	38	197.9	Womens Raw Submaster	180	140	250	570
Jamie Lynn Alford	MO	33	260.1	Womens Raw Open	250	135	275	660
Megan Thompson	MO	25	164.1	Womens Raw Open	270	170	350	790
Tanai Devine	MO	31	178.6	Womens Raw Open	215	150	295	660
Danielle Holt	MO	30	130.5	Womens Raw Open	315	165	325	805
Sky Reno	MO	25	197.9	Womens Raw Open	195	115	295	605
Austin Rhoads	MO	21	184.3	Mens Raw JR	420	275	460	1155
Warren Evans	MO	22	236	Mens Raw JR	500	340	565	1405
Jayden Wiley	MO	20	217.2	Mens Raw JR	355	230	475	1060
Nathaniel Siegrist	MO	20	241.2	Mens Raw JR	415	295	500	1210

Justin Friend	MO	44	218.1	Mens Raw Master 40-44	425	285	475	1185
Tray Whitsell	MO	24	237.8	Mens Raw Open	525	325	555	1405
Jordan Capeder	MO	27	274.9	Mens Raw Open	560	390	680	1630
Stephen Hale	MO	20	192.6	Mens Classic Raw Open	520	345	---	865
Chase Garrison	MO	19	147.3	Male Classic Raw Teen 18-19	405	245	---	650
<i>Push/Pull</i>								
Jared Davis	MO	38	284.8	Mens Raw Open & Submaster		465	840	1305
<i>Bench Only</i>								
Tiffany Hadley	MO	33	147.8	Female Raw Open		160		160
<i>Female Combine Bench Press (110 lbs)</i>								
Name		Weight Class		Number of Reps				
Megan Thompson		149+		20				
Tanai Devine		149+		14				
<i>Male Combine Bench Press (225 lbs)</i>								
Name		Weight Class		Number of Reps				
Joe Humbyrd		221+		37				