



# Male Raw Teen 13-15 Push/Pull National Record

Weight Class (lbs)	Bench Press	Deadlift	Total (lbs)
97			
105			
114			
123			
132			
148			
165			
181	Christian Ries 205	Christian Ries 405	Christian Ries 610
198			
220			
242			
275			
308			
308+			