



Womens Open Raw National Records

Weight Class	Squat	Bench	Deadlift	Total
97				
105				
114	Yeny Merida 200	Yeny Merida 120	Yeny Merida 270	Yeny Merida 590
123	Dolores Merida 215	Dolores Merida 105	Dolores Merida 265	Dolores Merida 585
132	Danielle Holt 315	Danielle Holt 165	Danielle Holt 325	Danielle Holt 805
148	Jeanette Kesler 240	Tiffany Hadley 160	LeeMarie Hostetter 355	Jeanette Kesler 705
165	Megan Thompson 270	Megan Thompson 170	Brianne Parnell 465	Megan Thompson 790
181	Rachel Astleford 245	Rachel Astleford 150	Rachel Astleford 300	Rachel Astleford 695
198	Megan Thompson 385	Megan Thompson 250	Megan Thompson 440	Megan Thompson 1075
198+	Lauren Brown 325	Shari Woffard 175	Nicole Martinez 350	Nicole Martinez 815