

SLP C4 Classic Powerlifting Competition

DATE: SATURDAY OCT 21st 2017
LOCATION:
BLUE SPRINGS FITNESS
 1300 N 7 HWY
 BLUE SPRINGS, MO 64014
TIME: 9:00 AM
RULES BRIEFING: 8:30AM
WEIGH INS: FRI. 9:00 am - 11:00 am
 & 5:00 pm - 6:30 pm SAT. 7:00 am -
 8:30am MEET STARTS 9:00AM



SONLIGHT POWER

SANCTION: SLP

ELIGIBILITY: Open to any athlete 13 years or older

ENTRY FEES: SINGLE EVENT \$75.00 PUSH/PULL \$90.00 FULL POWER \$105.00
SPECTATOR FEE: ADULTS \$5.00 12 and under FREE at the door.
T-SHIRT INCLUDED IN ENTRY FEE IF PRE-REGISTERED BY OCT 7TH

SEND ENTRY FORM & MAKE MONEY ORDER PAYABLE TO **Rich McDowell**
 123 Mocking bird Rd.
 Lake Ozark, MO 65049

TELEPHONE (573) 692-0096 Preferred contact is email first - sonlightpowerlifting@gmail.com

(Checks must clear before the event)

DETACH HERE

****** LATE ENTRIES AFTER OCT 7TH CASH ONLY!!! ******

***** CHECK YOUR EVENT & DIVISION(S) *****

\$40 FOR EACH ADDITIONAL CROSSOVER DIVISION

RAW	GEAR	** FULL POWER	PUSH/PULL	SQUAT	BENCH	DEADLIFT							
TEEN	JR 20 - 23	OPEN	SUB MASTER 35 - 39	MASTER									
WEIGHT CLASS													
97	105	114	123	132	148	165	181	198	220	242	275	308	SHW

****** LATE ENTRIES AFTER OCT 7th CASH ONLY NO EXCEPTION!! ******

I know that participation in a powerlifting Competition is potentially hazardous. I should not enter unless I am able and properly trained. I understand and agree that neither Rich McDowell, the SLP, Blue Springs Fitness, nor its employees or officers may be held liable for any occurrence in connection with this competition which could result in injury, death, or damages to me. In consideration of being allowed to compete in this event, I hereby assume all risks in connection with this event "C4 Classic Powerlifting Competition" and release Rich McDowell, the SLP, Blue Springs Fitness, its Weightlifting Club operators and all other employees or officers or persons in any way connected with this event or with the SLP, for any injury or damage which may befall me while I am engaged in this event, including all risk connected therewith, whether foreseen or unforeseen; and I do further agree to save and hold harmless the SonLight Powerlifting LLC Federation and all the above-mentioned from any claim by, or by my heirs, executors, administrators, personal representatives and assigns arising out of my participation in this event. By signing, I understand and agree with all that is written above.

NAME: _____ DATE OF BIRTH: _____ AGE _____ SEX: _____

MAILING ADDRESS: _____ CITY: _____ STATE: _____

ZIP CODE: _____ PHONE: _____

(ALL ENTRIES MUST BE COMPLETED TO ENTER) SIGNATURE _____
Lifter (PARENT OR GUARDIAN IF UNDER 18)

EMAIL _____ SHIRT SIZE (UNISEX) : _____

This is how we will inform you of changes in this contest. NO SPAM we promise!