



# Combine Bench Challenge National Record

Name	# of Reps
<b><i>Male</i></b>	
<b>220 lb and under weight class</b>	
1. Luke Gabriel	27
2. Brian Phillips	26
<b>221 lbs and over weight class</b>	
1. Ryno Johnson	43
Joe Humbyrd	43
<b><i>Female</i></b>	
<b>148 and under weight class</b>	
1. Stephanie Piece	27
<b>149 and over weight class</b>	
1. Megan Thompson	20
2. Danielle Clark	18
3. Tanai Devine	14
4. Tiffany Hadley	10

Men bench press 225 lbs for as many reps as possible. Women bench press 110lbs for as many reps as possible